

DR. ELIZABETH BLACKBURN

LICENSED CLINICAL SOCIAL WORKER & COMPLIANCE AUDITOR

CONTACT

 407 619 5075
 EWOODRU2@FAU.EDU
 SW 15819

PROFILE

Experienced Clinical Director in substance abuse treatment and Licensed Clinical Social Worker (LCSW, DSW) committed to delivering high-quality therapeutic services to individuals, couples, and families. Specializes in employing a range of therapeutic approaches, including Cognitive Behavioral Therapy (CBT), Behavior Therapy, Solution-Focused Therapy, and Eye Movement Desensitization and Reprocessing (EMDR), to foster personal growth, resilience, and wellness. Dedicated to tailoring treatment plans to meet the unique needs of each client, aiming to help them achieve their fullest potential through enhanced self-understanding and coping strategies.

SKILLS

- EMDR CERTIFIED
- QUALIFIED SUPERVISOR
- MOTIVATIONAL INTERVIEWING
- EXPERT WITNESS

EXPERIENCE

Human Service Program Director for the Office of Substance Abuse Licensing at the Department of Children and Families

May 2024 - Present

Oversee that licensure functions are implemented by staff of the office of licensing to ensure providers remain in compliance with all Florida Statutes, including chapters 394 and 397 and Chapter 65D-30, Florida Administrative Code. Maintain a comprehensive regulatory process to license service providers and professionals who provide substance abuse services to individuals and families who are at risk of or challenged by substance abuse by auditing provider files for compliance.

Program Director of Discovery Mood and Anxiety

January 2023 – November 2023 (Facility Closure Date)

Oversee all aspects of the program to ensure quality and initiate any quality improvement that may be necessary. Lead program operations, ensuring compliance with quality standards, health policies, and licensing regulations. Facilitate effective team communication and client progress through weekly Treatment Team Meetings.

Lead Clinical Director at Gulfstream Goodwill

July 2021 – October 2022

Oversee a multidisciplinary staffing team in a Housing First program utilizing harm reduction philosophies and motivational interviewing while using a trauma informed care lens. Provide continuity of care between homeless programs. Prepare findings, diagnostic impressions, diagnosis, and recommendations. Present information, written and verbal, to team members, participants, and supervisors for the purpose of caseload management and/or case review. Provide formal and informal clinical and administrative supervision to team members as per HUD and agency policies and procedures.

REFERENCES

Dr. Billine Jordan – VA therapist
(617) 869- 1208

Helen Booth, CEO of The
Lakewood Center: (407) 256-
4637

Dr. Juyoung Park- (443) 416 –
9772

Dr. David Landsman –
Wohlsifer: (215) 470 – 2129
(cell)

EDUCATION

DSW – DOCTOR OF SOCIAL WORK

FLORIDA ATLANTIC UNIVERSITY

2019-2022

MSW – MASTER OF SOCIAL WORK

FLORIDA ATLANTIC UNIVERSITY

2014-2016

Bachelor of Science in Psychology

PALM BEACH ATLANTIC UNIVERSITY

2003-2008

The Banyan Group Private Practice

April 2019 - 2025

Provides therapeutic intervention services to children, adolescents and adults using individual and family therapy and crisis intervention. Maintain electronic files and documentation in compliance with state and federal standards.

Breakthrough Trauma Therapy

November 2023 – Present

Provides therapeutic intervention services via telehealth to children, adolescents and adults using EMDR. Maintain electronic files and documentation in compliance with state and federal standards.

Banyan Treatment Center

April 2020 – July 2021

Counsel and advise individuals or groups with substance abuse problems. Educate families and groups on substance treatments and programs. Develops, implements, and evaluates clinical guidelines and protocols to establish appropriate utilization of services. Facilitation of group services,

PUBLICATIONS

*“FEASIBILITY AND EFFICACY OF
ADDICTION-FOCUSED EYE
MOVEMENTS DESENSITIZATION
REPROCESSING IN ADULTS
WITH SUBSTANCE USE
DISORDER”*

*JOURNAL OF EVIDENCE BASED
SOCIAL WORK (2023)*

SPEAKING ENGAGEMENTS

- THE SUMMIT ON
BREAKTHROUGH
THERAPIES FOR
ADDICTION (2024)

Additional Past Work History:

- BEACHWAY RECOVERY CENTER
- LUCIDA TREATMENT CENTER
- THE RETREAT TREATMENT CENTER
- SINFONIA FAMILY SERVICES - PALM BEACH CAT TEAM

INTERNSHIPS

2014 – 2015
West Palm Beach, FL

Foundation Year

The Arc of Palm Beach County – Adult Residential

Field Supervisor: Holly Stewart

Residential care with adults with developmental disabilities

2015 – 2016
West Palm Beach, FL

Concentration Year

Center for Family Services – SAFE KIDS

Field Supervisor: Andres Torrens

General counseling includes anxiety, couples counseling, bereavement counseling, behavioral issues with children and counseling sexually abused children using Trauma-Focused Cognitive Behavioral Therapy and addictions.